




KIDS IN THE KITCHEN



Join Gennifer Birk for some kid friendly snacks. Projects will be things you could make yourself or with a bit of help. Of course, you get to eat what you make!


WHEN: Mondays, Jan 24, Feb 7 & Feb 28
TIME: 3:30
WHERE: BRC
WHO: K+ ; Limit of 10
FEE: \$10
DEADLINE: Monday, January 17





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Original USDA Food Guide Pyramid
Source: U.S. Department of Agriculture

PARTICIPANT NAME: _____ **AGE:** _____ **GRADE:** _____

PARENT/GUARDIAN NAME: _____ **CELL:** _____

ADDRESS: _____ **CITY, STATE, ZIP:** _____

To be added to our youth activity/event email list please provide email: _____

CONSENT TO PARTICIPATE

We, the undersigned, do hereby acknowledge that we are aware that in all sports there is the potential for injury. Some accidents could conceivably result in injuries that are very serious and/or life threatening. We further acknowledge that the participant listed above is physically able to participate in this sport. The USD 244 Recreation Commission and its employees are not responsible for accidents and injury that might occur as a direct or indirect result of participation in this program.

PLEASE LIST ANY MEDICAL CONDITIONS or write NONE _____

SIGNATURE OF PARENT/GUARDIAN/PARTICIPANT

DATE