

## ADULT BASKETBALL LEAGUE RULES AND REGULATIONS

1. Teams must have their league fee paid before their first game.
2. Participant Suspension
  - A. Attacking a Recreation employee
    - 1) First Offense: Suspension from all Recreation-sponsored activities;
    - 2) Second Offense: Lifetime ban from participation in any Recreation-sponsored activities;
    - 3) Legal prosecution of those involved.
  - B. Attacking or harassing another participant.
    - 1) Possible suspension from that activity or possibly other Recreation-sponsored activities for up to one year.
    - 2) Repeated offenses could result in bans for a longer period of time.
  - C. Damaging Recreation facilities will result in suspension until damage has been paid for.
  - D. Refusal to obey authorized Recreation personnel directives will result in suspension for a period of time to be determined by the individual situation.
  - E. Technical Fouls- More than one technical in a game will result in an ejection and an additional one game suspension. Multiple ejections may result in a longer suspension.
3. New players may be added to a roster at any time. To be eligible for any league tournament, players must have played in at least three games. No player on a roster may play on another team during the tournament.
4. Players may not switch teams once they have played a game.
5. Teams shall wear the same colored jerseys.
6. Players and spectators should enter and exit through the activity entrance of the **High School**.
7. Parking spaces are marked. Do not park along the sidewalk, in handicapped parking, or in exit lanes. The police have been authorized to ticket illegally parked vehicles.
8. The locker rooms will be open for the use of restrooms, changing clothes, and showering. Towels will not be furnished.
9. Valuables and clothing are the responsibility of the owner.
10. Please observe the following rules while in the Rec Center and High School:
  - a. Carry your court shoes into the gym. Shoes must be free of dirt and gravel.
  - b. Food and drink are not allowed in the gym.
  - c. Smoking is not permitted in the building.
11. Dunking shall be permitted during games only. Hanging on the rim or dunking during warm ups will be penalized with a technical.
12. Profanity will result in a technical being assessed. Ejection will result in repeated or flagrant situations.
  - a. **Flagrant use of profanity will be grounds for automatic ejection.**
13. The officials have the authority to require anyone to leave the building and to forfeit games for unsportsmanlike conduct.
14. A game can be started and played with a minimum of four players.
15. A ten-minute waiting period will be allowed from the scheduled starting time before a forfeit is called. This time will not be deducted from the playing time.
16. A game shall consist of two twenty-minute halves. The clock will run continuously until the last two minutes of each half.
17. Overtime periods shall be 5 minutes long with the clock stopping during dead ball situations.
18. Three time-outs will be allowed per team per game. One additional time-out per team will be allowed for each overtime period.
19. Each player will be allowed a total of five personal fouls. Two technicals on a player will result in his ejection for that game. Problems after the game could result in suspension for the rest of the season.
20. Bonus fouls will be shot on the fifth team foul. Two free throws will be shot on the 5th team foul. There will not be a single bonus. Fouls will reset each half.
  - a. Players may enter the lane on the release of the ball.
21. Any player under 18 must have a consent form signed by parents and on file with Recreation before playing. Must be graduated from high school and cannot be playing on a college team.
22. If a team takes a 20 point lead in the second half, the clock will run the rest of the game.