



2023 INTRODUCTION TO OLYMPIC WRESTLING

Boys & Girls Who Participated in Mat Cats, BMS, BHS, or area Wrestling Teams

The Introduction to Olympic Wrestling program sponsored by the USD 244 Recreation Commission and the Burlington Wrestling Club is designed to introduce student-athletes to both the Freestyle and Greco-Roman styles of wrestling that are used for competition at the State, National, International and Olympic Levels of Wrestling. The Olympic Styles of Wrestling are a great way to grow your skill-base that will improve your wrestling the following school year and season!! (there may be an opportunity to attend a couple of area tournaments, but there will be an additional cost for those events, **if interested.**)

AGES: BOYS & GIRLS - Who participated in BWC MatCats, Burlington Middle, Burlington High, or area Wrestling Teams

PRACTICES: Mondays - March 27th to May 15th from 6:30 to 8:00 p.m.

CLINICIANS: **Colby Johnson** (2-time State Champion, 4-time NAIA National Qualifier for Baker University. USA Kansas Freestyle State Placer, USA Kansas Greco-Roman State Placer, and wrestled in the USA Wrestling U.S. Open in Las Vegas) **Wes Fleming, Danny Hayes, and other Burlington Coaches**

LOCATION: High School Wrestling Addition (enter through the Northwest Activity Entrance)

FEE: \$5 In district \$10 out of district (Payable to the Burlington Recreation Center)

2023 Introduction to Olympic Wrestling
FEE: \$5 or \$10 - Payable to Burlington Recreation Center

NAME _____ GRADE _____ AGE _____

ADDRESS _____

DATE OF BIRTH _____ PARENT CELL PHONE# _____

E-mail _____

CONSENT TO PARTICIPATE

I, the undersigned, do hereby acknowledge that we are aware that in all sports there is the potential for injury. Some accidents could conceivably result in injuries that are very serious and/or life threatening. We further acknowledge that the participant listed above is physically able to participate in the Olympic Styles wrestling program sponsored by the USD 244 Recreation Commission.

List any medical conditions if any _____

Parent/Guardian Signature

Date

OFFICE USE ONLY: Paid\$

Date _____ Receipt # _____ Initials _____