

4v4 Volleyball Rules

BASIC RULES

- Minimum age for all participants: 18 years of age and graduated high school. No exceptions.
- Only 4 players on the court at a time. Team may have max of 6 players on roster.
- The ball may NOT graze the net on a serve and drop onto the other side.
- Players may not step on or over the line when serving
- The person serving or person who has just served is the only player considered a back line player. Back line players are NOT allowed to play at the net.
- You may not block or attack a serve. There is a maximum of 3 hits per side.
- Players can set or tip over the net. **All Tips/Sets must clear the 10' attack line.**
- A player may touch the ball after she/he blocks an attack. The team is still allowed three (3) hits before hitting the ball over the net. A block DOES NOT count as a hit.
- A ball that makes contact with the boundary lines is good.
- Players may not touch the net while the ball is in play. If a ball is driven with such force that it causes the net to contact an opposing player, no foul shall be called, and the ball shall continue to be in play.
- A match will consist of 2 games played to 25. Each game will count towards your overall team record. A team may go 2-0, 1-1, or 0-2. After these games are finished, teams must record their record on the record sheet provided by the BRC.
- You may hit the ball with any part of your body it just may not rest when hitting it. This includes kicking the ball.
- A player can reach over the net as long as they do not touch it. This is only true if the ball is on its way over the net.
- One player cannot hit the ball twice in a row.

PLAYOFFS

- Players may only play for one team during a tournament.
- Any player that is playing with a team during a tournament, must have played 3 games with them during the regular season schedule.
- All tournament games will be best of 3. Two sets to 25 and a tiebreaker to 15 if needed.
- Opposing teams may allow subs if necessary, all these must be brought up with the opposing team before the game begins.